

Championnat provincial AQUAM Groupes d'âges et Senior - Hiver 2009  
Trois-Rivières, 20. - 22.2.2009

Epreuve 21 Filles, 400m Libre Années 1996 - 1997  
21.2.09 - 18:40 Liste résultats Finale

RN	4:22.38	Gabor Alexandra	1.1.05
RP	4:23.93	Shewchuk Stephanie	1.2.87

Temps de qualification P2 : 5:25.00

Points: FINA 2008

Rang			AN					Temps	Pts			
<b>Finale A</b>												
1.	Rheaume Justine		96	Club de natation Torpille Inc.				<b>4:37.57</b>	645			
	50m:	31.57	31.57	150m:	1:40.70	34.98	250m:	2:51.44	35.37	350m:	4:02.59	35.57
	100m:	1:05.72	34.15	200m:	2:16.07	35.37	300m:	3:27.02	35.58	400m:	4:37.57	34.98
2.	Desfossés Emmanuelle		96	Club Aquatique Rosemont				<b>4:48.16</b>	577			
	50m:	32.39	32.39	150m:	1:44.10	36.29	250m:	2:58.09	37.08	350m:	4:12.28	36.95
	100m:	1:07.81	35.42	200m:	2:21.01	36.91	300m:	3:35.33	37.24	400m:	4:48.16	35.88
3.	Leduc Stéphanie		96	C.N. St-Jérôme				<b>4:49.28</b>	570			
	50m:	32.84	32.84	150m:	1:45.67	36.78	250m:	2:59.97	36.96	350m:	4:13.72	37.19
	100m:	1:08.89	36.05	200m:	2:23.01	37.34	300m:	3:36.53	36.56	400m:	4:49.28	35.56
4.	Bujold Megane		96	C.A. St-Eustache				<b>4:53.06</b>	548			
	50m:	33.07	33.07	150m:	1:46.48	37.16	250m:	3:01.66	37.39	350m:	4:16.40	37.38
	100m:	1:09.32	36.25	200m:	2:24.27	37.79	300m:	3:39.02	37.36	400m:	4:53.06	36.66
5.	Fournier Sarah		96	Club de natation C.S.Q.				<b>4:53.93</b>	543			
	50m:	32.89	32.89	150m:	1:45.86	37.20	250m:	3:01.08	37.67	350m:	4:17.00	38.25
	100m:	1:08.66	35.77	200m:	2:23.41	37.55	300m:	3:38.75	37.67	400m:	4:53.93	36.93
6.	Charron Samie		97	Club de Natation de Compétition de Beauport				<b>4:55.95</b>	532			
	50m:	32.77	32.77	150m:	1:48.20	38.18	250m:	3:04.21	37.82	350m:	4:19.57	37.57
	100m:	1:10.02	37.25	200m:	2:26.39	38.19	300m:	3:42.00	37.79	400m:	4:55.95	36.38
7.	Ricard Justine		96	Club de natation Mégophias				<b>4:58.00</b>	522			
	50m:	33.19	33.19	150m:	1:48.04	37.90	250m:	3:04.33	38.06	350m:	4:20.78	38.11
	100m:	1:10.14	36.95	200m:	2:26.27	38.23	300m:	3:42.67	38.34	400m:	4:58.00	37.22
disq.	Lefebvre Frédérique		96	club natation du Haut-Richelieu								

Epreuve 21 Filles, 400m Libre Années 1994 - 1995  
21.2.09 - 18:40 Liste résultats Finale

RN	4:12.58	Reimer Brittany	1.1.02
RP	4:17.41	Hutchison Jennifer	1.2.87

Temps de qualification P2 : 5:01.00

Points: FINA 2008

Rang			AN					Temps	Pts			
<b>Finale A</b>												
1.	Dusablon Jade		94	Club de natation C.S.Q.				<b>4:26.84</b>	726			
	50m:	29.99	29.99	150m:	1:37.27	34.04	250m:	2:45.18	33.74	350m:	3:52.74	33.70
	100m:	1:03.23	33.24	200m:	2:11.44	34.17	300m:	3:19.04	33.86	400m:	4:26.84	34.10
2.	Ryan Kayla		94	Club aquatique Montréal				<b>4:29.61</b>	704			
	50m:	30.88	30.88	150m:	1:38.55	34.04	250m:	2:47.07	34.40	350m:	3:55.83	34.30
	100m:	1:04.51	33.63	200m:	2:12.67	34.12	300m:	3:21.53	34.46	400m:	4:29.61	33.78
3.	Lemieux-Fortin Gabrielle		94	Club de Natation Montmagny				<b>4:31.06</b>	693			
	50m:	30.54	30.54	150m:	1:37.31	33.74	250m:	2:46.45	34.51	350m:	3:56.70	35.26
	100m:	1:03.57	33.03	200m:	2:11.94	34.63	300m:	3:21.44	34.99	400m:	4:31.06	34.36
4.	Murphy Gabrielle		95	Pointe-Claire Swim Club				<b>4:31.64</b>	689			
	50m:	30.66	30.66	150m:	1:38.63	34.33	250m:	2:47.85	34.67	350m:	3:57.79	34.99
	100m:	1:04.30	33.64	200m:	2:13.18	34.55	300m:	3:22.80	34.95	400m:	4:31.64	33.85

Championnat provincial AQUAM Groupes d'âges et Senior - Hiver 2009  
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Epreuve 21, Filles, 400m Libre, Finale, Années 1994 - 1995

Rang			AN							Temps	Pts	
5.	Odger Rhea		94	Pointe-Claire Swim Club						<b>4:34.72</b>	666	
	50m:	31.60	31.60	150m:	1:40.58	34.96	250m:	2:51.33	34.98	350m:	4:00.90	34.71
	100m:	1:05.62	34.02	200m:	2:16.35	35.77	300m:	3:26.19	34.86	400m:	4:34.72	33.82
6.	Lapointe Marie-lou		94	C.A. St-Eustache						<b>4:37.64</b>	645	
	50m:	31.16	31.16	150m:	1:40.65	35.10	250m:	2:51.42	35.52	350m:	4:02.62	35.79
	100m:	1:05.55	34.39	200m:	2:15.90	35.25	300m:	3:26.83	35.41	400m:	4:37.64	35.02
7.	Tremblay Laurence		94	C.N. Ste-Foy						<b>4:38.87</b>	636	
	50m:	31.34	31.34	150m:	1:41.07	35.13	250m:	2:52.08	35.24	350m:	4:04.00	36.10
	100m:	1:05.94	34.60	200m:	2:16.84	35.77	300m:	3:27.90	35.82	400m:	4:38.87	34.87
8.	Assi Sarah		94	Pointe-Claire Swim Club						<b>4:40.62</b>	625	
	50m:	30.78	30.78	150m:	1:39.97	35.21	250m:	2:51.98	36.32	350m:	4:04.95	36.78
	100m:	1:04.76	33.98	200m:	2:15.66	35.69	300m:	3:28.17	36.19	400m:	4:40.62	35.67

Epreuve 21 Filles, 400m Libre Années 1992 - 1993  
21.2.09 - 18:40 Liste résultats Finale

RN	4:03.61	Reimer Brittany		1.1.03
RP	4:05.77	Jardin Barbara	Halifax	14.2.09

Temps de qualification P2 : 4:46.13

Points: FINA 2008

Rang			AN							Temps	Pts	
Finale A												
1.	Ranger Sarah-Jade		92	Club de natation Nataskouach de Granby						<b>4:22.23</b>	765	
	50m:	30.62	30.62	150m:	1:36.84	33.10	250m:	2:43.54	33.52	350m:	3:50.17	32.99
	100m:	1:03.74	33.12	200m:	2:10.02	33.18	300m:	3:17.18	33.64	400m:	4:22.23	32.06
2.	Couillard Ann-Marie		93	Club de Natation Montmagny						<b>4:24.16</b>	749	
	50m:	30.01	30.01	150m:	1:36.05	33.16	250m:	2:43.30	33.62	350m:	3:51.32	33.94
	100m:	1:02.89	32.88	200m:	2:09.68	33.63	300m:	3:17.38	34.08	400m:	4:24.16	32.84
3.	McGregor Ashley		93	Pointe-Claire Swim Club						<b>4:27.39</b>	722	
	50m:	30.22	30.22	150m:	1:37.17	33.85	250m:	2:45.97	34.32	350m:	3:54.50	34.29
	100m:	1:03.32	33.10	200m:	2:11.65	34.48	300m:	3:20.21	34.24	400m:	4:27.39	32.89
4.	Gagnier Marla		93	Pointe-Claire Swim Club						<b>4:29.34</b>	706	
	50m:	31.82	31.82	150m:	1:39.45	33.79	250m:	2:47.98	34.18	350m:	3:56.09	33.39
	100m:	1:05.66	33.84	200m:	2:13.80	34.35	300m:	3:22.70	34.72	400m:	4:29.34	33.25
5.	Savard Katerine		93	Club de natation C.S.Q.						<b>4:30.28</b>	699	
	50m:	30.40	30.40	150m:	1:37.87	34.04	250m:	2:46.96	34.53	350m:	3:56.33	34.72
	100m:	1:03.83	33.43	200m:	2:12.43	34.56	300m:	3:21.61	34.65	400m:	4:30.28	33.95
6.	Desrochers-Tassé Vicki		92	Club aquatique Montréal						<b>4:32.98</b>	678	
	50m:	30.75	30.75	150m:	1:37.79	33.84	250m:	2:47.62	35.24	350m:	3:58.34	35.43
	100m:	1:03.95	33.20	200m:	2:12.38	34.59	300m:	3:22.91	35.29	400m:	4:32.98	34.64
7.	Beaudoin Alexandra		92	Club de natation Mégophias						<b>4:34.08</b>	670	
	50m:	30.12	30.12	150m:	1:38.84	34.81	250m:	2:48.81	34.68	350m:	3:59.21	35.51
	100m:	1:04.03	33.91	200m:	2:14.13	35.29	300m:	3:23.70	34.89	400m:	4:34.08	34.87
8.	Gamache Josyanne		92	É.N. Longueuil						<b>4:34.42</b>	668	
	50m:	30.63	30.63	150m:	1:38.00	34.10	250m:	2:47.81	35.09	350m:	3:59.24	35.79
	100m:	1:03.90	33.27	200m:	2:12.72	34.72	300m:	3:23.45	35.64	400m:	4:34.42	35.18

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Epreuve 21, Dames, 400m Libre, Finale

Epreuve 21 Dames, 400m Libre 1991 et plus agés  
21.2.09 - 18:40 Liste résultats Finale

RN	4:03.61	Reimer Brittany	Stockport	16.8.03
RP	4:05.77	Jardin Barbara	Halifax	14.2.09

Temps de qualification P2 : 4:39.62

Points: FINA 2008

Rang					AN					Temps	Pts	
<b>Finale A</b>												
1.	Cantin Geneviève				91	Rouge et Or/Université Laval				<b>4:19.59</b>	789	
	50m:	30.30	30.30	150m:	1:36.55	33.37	250m:	2:42.67	32.91	350m:	3:47.94	32.32
	100m:	1:03.18	32.88	200m:	2:09.76	33.21	300m:	3:15.62	32.95	400m:	4:19.59	31.65
2.	Murray Caroline				89	Rouge et Or/Université Laval				<b>4:22.20</b>	766	
	50m:	30.13	30.13	150m:	1:36.66	33.40	250m:	2:43.28	33.12	350m:	3:49.40	33.03
	100m:	1:03.26	33.13	200m:	2:10.16	33.50	300m:	3:16.37	33.09	400m:	4:22.20	32.80
3.	Berube Marie-Pierre				90	Club de natation TNT				<b>4:24.50</b>	746	
	50m:	30.25	30.25	150m:	1:36.51	33.43	250m:	2:43.55	33.35	350m:	3:51.23	33.85
	100m:	1:03.08	32.83	200m:	2:10.20	33.69	300m:	3:17.38	33.83	400m:	4:24.50	33.27
4.	Pamerleau Léonie				90	Club Aquatique de l'Outaouais				<b>4:25.04</b>	741	
	50m:	30.64	30.64	150m:	1:37.64	33.63	250m:	2:45.15	33.73	350m:	3:52.55	33.70
	100m:	1:04.01	33.37	200m:	2:11.42	33.78	300m:	3:18.85	33.70	400m:	4:25.04	32.49
5.	Hevey Sarah-Lee				89	Club aquatique Montréal				<b>4:27.84</b>	718	
	50m:	30.42	30.42	150m:	1:36.84	33.53	250m:	2:44.98	33.81	350m:	3:53.89	34.44
	100m:	1:03.31	32.89	200m:	2:11.17	34.33	300m:	3:19.45	34.47	400m:	4:27.84	33.95
6.	Lalancette Kariel				91	Club aquatique Montréal				<b>4:35.03</b>	663	
	50m:	31.11	31.11	150m:	1:39.77	34.72	250m:	2:49.58	34.78	350m:	4:00.44	35.47
	100m:	1:05.05	33.94	200m:	2:14.80	35.03	300m:	3:24.97	35.39	400m:	4:35.03	34.59
7.	Zatylny Alexandra				91	Pointe-Claire Swim Club				<b>4:37.12</b>	649	
	50m:	31.29	31.29	150m:	1:40.65	35.27	250m:	2:51.15	35.56	350m:	4:02.73	35.49
	100m:	1:05.38	34.09	200m:	2:15.59	34.94	300m:	3:27.24	36.09	400m:	4:37.12	34.39
8.	Morin Valérie				90	C.N. Phénix de Gatineau				<b>4:42.21</b>	614 ***	
	50m:	31.48	31.48	150m:	1:41.64	35.59	250m:	2:53.83	36.08	350m:	4:06.76	36.62
	100m:	1:06.05	34.57	200m:	2:17.75	36.11	300m:	3:30.14	36.31	400m:	4:42.21	35.45